



# Mercy Care for the Adirondacks

*A Mission Sponsored by the Sisters of Mercy*

*Offering Friendship and  
Companionship for  
Elders in the Tri-Lakes*

Newsletter • Spring 2015

## **The Circle of Mercy**

The *Mercy Care Family* includes not only those served but those who are serving others. It is a reciprocal *Circle of Mercy*, which holds us in God's loving care.

*"The love, care, concern I receive from my caregiver brings me such joy, peace of mind; she is so faithful, dependable – truly a blessing."*

– 2014 Mercy Care Elder Survey Respondent

## **"Giving and Receiving Care in the Adirondacks"**



In the past elders were cared for by family members who continued to live with them in their family home. Although caregiving by family members continues to be the most common form of caregiving of elders, several societal trends have made its implementation more difficult.

This is particularly the case in the Adirondacks where a high portion of the younger generation have been moving away for education and career, leaving their parents behind.

Mercy Care and its collaborating partners recognized the need to develop a community empowerment action plan to foster adequate caregiving in elders' communities to enable them to age in place for as long as possible. Mercy Care served as a catalyst and facilitated the work over the past year of the Caregiving Working Group of Essex and Franklin Counties, which developed, adopted, and released on March 14, 2014 the Community Empowerment Action Plan, *Giving and Receiving Care in the Adirondacks*.

Mercy Care has received broad support from within and beyond the Adirondacks to implement the actions called for in Plan including a resolution from the Franklin County Legislature and letters of support from more than 25 health and human service agencies and other organizations including the Director of the New York State Office for the Aging, LeadingAge New York, AARP New York, Franklin County Office for the Aging, Adirondack Health, and University of Vermont Health Network-

Elizabethtown Community Hospital, Essex County Public Health, Saranac Lake Adult Center with a petition signed by elders, New York StateWide Senior Action Council North Country Chapter, Mohawk Tribe Office for the Aging, Eastern Adirondack Healthcare Network, among many others.

After receiving such broad support, on December 3, 2014 Mercy Care organized a conference call meeting with the New York State Director of the Office for the Aging, the Executive Deputy Director, NYS Office for the Aging, Directors of Offices for the Aging in Essex and Franklin Counties, Executive Director of Association on Aging in New York, and senior staff from LeadingAge New York to advocate for the highest priority needs to be implemented in the Action Plan. Senator Betty Little visited Mercy Care's office where Mercy Care's Board President, Vice President and Executive Director briefed the Senator on the Caregiving Community Empowerment Plan.

The highest priority needs identified in the Plan include more home health aides, respite care, an enhanced Medicaid Reimbursement rate for the North Country in consideration of the unique caregiving needs in the Adirondacks, and increased access to Expanded In-home Services for the Elderly Program, which assists older adults that need help with activities of daily living, such as dressing, bathing, and personal care who want to remain at home and are not eligible for similar services under Medicaid or other programs.

If you would like to receive a copy of the Caregiving Community Empowerment Action Plan, please call Mercy Care at 518-523-5580 or send a request by e-mail to [dbeal@adkmercy.org](mailto:dbeal@adkmercy.org)

### ***Mercy Care's Model of Volunteer Assistance to Elders Featured in Public Television Series***

WMHT Public Television in the Capital Region partnered with Albany Guardian Society and produced a five-part series, "Age Wise." Mercy Care's Friendship Volunteer and Parish Nurse Programs were featured in the Caregiving Segment, which featured assistance to elders in Tupper Lake and Saranac Lake. To view, please find the link on the Home Page of Mercy Care's web site at [www.adkmercy.org](http://www.adkmercy.org)

### ***Pursuing the New World of Aging Through Partnerships and Collaboration in the Eastern Adirondacks***

Mercy Care for the Adirondacks has been invited to join LeadingAge New York to present at the Aging Concerns United Conference in Albany in June. LeadingAge New York and Mercy Care for the Adirondacks will discuss how their collaborative model of community-based and statewide organizations working together can be more effective when advocating for the current and future needs of elders, so that they might age in place more successfully.

## ***Mercy Care Offers In-Service Programs to Parish Nurses and Friendship Volunteers***

Mercy Care hosted volunteer luncheons and in-service programs for its Friendship Volunteers and Parish Nurses at Adirondack Community Church in Lake Placid on March 17 and at St. Thomas Episcopal Church in Tupper Lake on March 24, 2015. The in-service program featured Sensitivity Training to help

volunteers understand what it is like for elders who are vision, hearing and mobility impaired. The program was presented by Valarie Drown from the Neurobehavioral Health/Alzheimer's Disease Assistance Center. The in-service programs also provide an opportunity for volunteers to share knowledge and experience.



*Lake Placid and Saranac Lake Friendship Volunteers at March 17, 2015 Luncheon*



*Tupper Lake Parish Nurse and Friendship Volunteer Luncheon on March 24, 2015*

### ***New Friendship Volunteers Trained and Commissioned in Saranac Lake, Lake Placid, and Tupper Lake***

Mercy Care's success to date is largely a result of the extraordinary "errands of mercy" carried out by Mercy Care Volunteers. They know that all members of our community are our neighbors, especially those in most need of love, friendship, and companionship. They touch the aging in the Adirondacks with mercy, for which we are most grateful. Friendship Volunteers respond to the individual needs of each person they assist. They provide the benefits of friendship, companionship, assistance, and spiritual care which are not or cannot be adequately provided by family or friends.

Mercy Care established a goal to recruit and train 8 new Friendship Volunteers during the period July 1, 2014 and June 30, 2015. The response from new volunteers has exceeded our goal. On October 22, 2014 Mercy Care for the Adirondacks commissioned new Friendship Volunteers Jeremiah Hayes, Sylvia Hough, Susan Stiles, Ellen Beideck, Heather McGinnis, Cathy Trudeau, and William O'Reilly at training they completed in Saranac Lake.

On February 10, 2015, Mary E. Liporace from Tupper Lake was commissioned as a new Friendship Volunteer and in Lake Placid six new Friendship Volunteers were commissioned. Since 2008 Mercy Care has provided direct service by recruiting and training 128 Volunteers who have contributed over 18,000 hours of volunteer service in the Tri-Lakes area valued at over \$289,916. With the leadership of Sr. Catherine Cummings, RSM, Mercy Care is currently serving 105 elders in Tri-Lakes Communities with informal supports to help them age in place more successfully.

### ***New Friendship Volunteers Trained in Lake Placid***



*(L-R) Anne Rast, James Moscatello, Marcia Doty, Peg Jones and Kirsten Viscardo (missing from photo Cheryl Breen-Randall)*

### ***New Friendship Volunteers Trained in Saranac Lake***



*(L to R) Jeremiah Hayes, Sylvia Hough, Susan Stiles, Ellen Beideck, Heather McGinnis, Cathy Trudeau, and William O'Reilly*

### ***New Friendship Volunteer Trained in Tupper Lake***



*Mary Liporace (center)*

## Errands of Mercy



*Mercy Care Friendship Volunteer Bernie Clarke and her friend, Jane Eagan*

Mercy Care serves any older adult in need within its capacity. Its services are offered free of charge. It is supported solely with charitable contributions and grants. It receives no government funding or reimbursement for its services. Mercy Care serves people of all faiths.

Jane Eagan and Bernie Clarke are friends. They became friends when Jane requested assistance from Mercy Care for the Adirondacks to help her age in place more successfully. Jane needed some help. As she aged, she became visually impaired. Bernie is a Mercy Care Friendship Volunteer and began assisting Jane about five years ago, and they have been friends ever since.

Jane remarked, "I agree with my son who said to me, how lucky I am to have a Mercy Care Friendship Volunteer." Jane added, "Bernie will do anything for me. She helps me with things others can't help with. For example, she helps me communicate with my insurance company about health insurance. She helps me remember all the questions I need to ask. I can't read the newspaper, except the headline. I save the articles I want to read, and Bernie reads them to me when she visits once a week. Often times, Bernie and her husband, Carmine, look up programs or music I would enjoy on TV and let me know when and what channel to tune to."

Jane continued, "Bernie comes every Wednesday and we go to the bank and do grocery shopping, go the library and get books on CD and run other errands. Sometimes, we just ride around the Lake and around town where Bernie points out anything that's new. Bernie brings me the church bulletin, which we read before we go out. I have gotten to know Bernie's family and Bernie has gotten to know my family."

Bernie sees her role as helping Jane to "keep control of her life." Bernie remarked, "My Mercy Care Volunteer experience has been very positive and my friendship with Jane helps me to learn and grow—to think about someone else."

## Parish Nurse Errands of Mercy

*By Linda Jones, Parish Nurse*

In my role as a parish nurse, I was asked to visit a 94 year-old mentally competent woman to assess her needs to see if outside services and assistance from a parish nurse might benefit her. She lives alone and has no living relatives. She has many health issues. She is hearing impaired and uses a cane or walker for ambulating. She is a very private person and quite independent, doing all the necessary daily activities despite her deteriorating health. It took a bit of time and gentle encouragement to help her realize how much better her life would be with some assistance.

I started by taking her to her medical doctor and obtaining a referral for Essex County to come in to evaluate her. They were able to send in a nurse and provide a weekly personal aide. Lifeline was also started along with meals on wheels.

As a parish nurse, I accompany her to her medical appointments, where I serve as her advocate. I also suggested she could benefit from podiatry care.

Over the last several months I have taught her how to take and record her own blood pressure. She also has a dry eye problem that requires frequent drops during the day. She had trouble squeezing the bottle enough to get drops in her eye. The doctor gave me information about a device which makes it easier for her to install the drops successfully. Over several months I have instructed her how to use inhalers for her breathing problem.

Trust, respect and friendship have been built. My friend has often told me that her strength comes from the Lord. She reads her bible daily. Our visits usually end with a brief but meaningful prayer!

Faith Heals—Linda Jones, Parish Nurse

## Mercy Care offers Parish Nurse Scholarship

Mercy Care offered a full scholarship this spring for a parish nurse to attend the Westberg Symposium, the annual international conference in Memphis, Tennessee offered by the International Parish Nurse Resource Center. The scholarship was awarded to Shannon Stratton, Parish Nurse at St. Bernard's in Saranac Lake. Shannon will share the knowledge and education she gains with her Parish Nurse Colleagues in the Tri-Lakes upon her return from the Symposium. A grant from the Sisters of Mercy, for which Mercy Care is most grateful, partially funded the Scholarship.



## ***Mercy Care for the Adirondacks Helps Communities in Northern Franklin County Establish their own Friendship Volunteer Program***

The Board of Directors of Mercy Care for the Adirondacks included in its strategic plan the extension of its mission beyond the Tri-Lakes region. Jerry Hayes, Mercy Care Board President remarked, “We know that Friendship Volunteer Programs must be community based. The Board determined that the best strategy to extend mercy to the aging beyond the Tri-Lakes region is to use the Mercy Care Program Model to provide the technical assistance and training to other communities who want to establish and operate their own Friendship Volunteer Programs.”



*New Community Friendship Volunteers commissioned in Malone*

On July 22, 2014 the Board and Staff of the new Community Friendship Volunteer Program in Northern Franklin County commissioned seven new Friendship Volunteers. In November, Mercy Care and Community Friendship Volunteer Program Leaders, Susan Scott Wilson and Ona Rushford, trained an additional eight volunteers. Eastern Adirondack Healthcare Network provided support to Mercy Care to provide the technical assistance and training to develop the new Friendship Volunteer Program in Northern Franklin County.

program of Community Health Center of the North Country based in Malone. Earlier in the year, Mercy Care facilitated a strategic planning effort among Eastern Adirondack Healthcare Network, Franklin County NY Connects/C.A.R.E.S., and Cerebral Palsy of the North Country. Franklin County NY Connects/C.A.R.E.S. is working with the new program to provide the information and referral network to connect the program with elders in need.

The new Friendship Volunteer Program is operating as a

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## ***Mercy Care Offers Parish Nurse Training in Canton***

Mercy Care will hold the Foundations in Faith Community Nurse Course in Canton on April 18, April 25, May 2, and May 9, 2015. The course is offered to registered nurses of all faiths. Mercy Care provides the training at no cost to participants but pre-registration is required.

The parish nurse offers assistance in obtaining community services, helps with understanding diagnoses, medications and diagnostic tests, provides blood pressure screening, health education programs and much more. The parish nurse does not do hands-on nursing or duplicate what is available through the public health nurse, but does bring her nursing experience and her faith to the service of others.

Mercy Care’s Program Director, Sr. Catherine Cummings, RSM, Ed.D., R.N. is qualified as a Parish Nurse Educator and will lead the training course. The Foundations

Course for Parish Nurses requires 34 contact hours of training.

Mercy Care has trained 40 parish nurses throughout the North County, 11 of whom are serving in the Tri-Lakes area. To request more information, please contact Sister Catherine Cummings at 523-5582 or [ccummings@adkmercy.org](mailto:ccummings@adkmercy.org)



*Parish Nurses trained by Mercy Care throughout the North Country attended a retreat at the Wild Center hosted by Mercy Care*

## Mercy Care's Friendship Picnic

On September 4, Mercy Care for the Adirondacks hosted more than 50 elders, Friendship Volunteers, Parish Nurses, and Board Members at Guggenheim Center on Lower Saranac Lake for its annual Friendship Picnic. The gathering is held each year to celebrate older adults in our community and to honor and recognize the extraordinary gifts of friendship, kindness, and assistance given to their elder neighbors by Mercy Care Volunteers.

An educational presentation given by Lee Vera from Eastern Adirondack Healthcare Network and Josey Delaney, Community Wellness Specialist at Alice Hyde Medical Center, was very well received. Their presentation featured information on "Get Moving for Healthy Aging" and Fall Prevention.

Sr. Catherine Cummings, RSM, Ed.D., R.N., Director of Friendship Volunteer and Parish Nurse Programs, and Jerry Hayes, Mercy Care's Board President, presented the recognition



*Volunteers and their elder friends enjoy the outdoors at Mercy Care's annual Friendship Picnic at Guggenheim Center, September 2014*

awards to Volunteers. The "Mercy Care Volunteer of the Year Award" was presented to Penny McGill, Parish Nurse from Tupper Lake. The Volunteer of the Year receives the Catherine McAuley medallion. Catherine McAuley founded the Sisters of Mercy in Ireland in 1831 to serve the poor, the sick, the uneducated and all those in need.

The "Special Recognition Awards" for this year were presented to Mercy Care's Volunteer Coordinator and Intake Specialists: Larry Lee, Anita Stemp and Barbara Erickson. Larry serves as Volunteer Coordinator in the Tupper Lake area, handling referrals, intakes, assignments and follow-up with volunteers and elders. Anita and Barbara complete intake interviews with elders and infirm persons who are referred to Mercy Care. They provide this service with an exceptional level of caring and commitment.

## "Mercy Care Family" Pot Luck Supper

In October 2014, Mercy Care's Board and Staff hosted a Pot Luck Supper for volunteers and their elder friends at St. Luke's Parish Hall in Saranac Lake. It is an opportunity for the "Mercy Care Family" to get together informally.

Gar Munn from Saranac Lake presented a DVD, "Old Times in Saranac Lake," which featured his family in and around Saranac Lake, boating on Upper Saranac Lake and Lake Flower, camping and winter skating and sledding, which was very much enjoyed by all.

The Board of Directors and Staff are inviting Mercy Care's volunteers, the elders they assist and their caregivers, and members of the community who would like to join them to gather for a Pot Luck supper on May 21 at 5:00 p.m. There will be an educational presentation, as well as informal dining and conversation. The Supper will be held at St. Luke's Parish Hall in Saranac Lake. Beverages will be provided by Mercy Care. Each volunteer attending is asked to bring a dish to share. If you plan to attend, please RSVP to Sheila Schneck, Mercy Care's Office Manager, at 523-5583 or by e-mail at [sschneck@adkmercy.org](mailto:sschneck@adkmercy.org)



## Mercy Care Parish Nurses Meet for Prayer and Conversation Meetings

Mercy Care Parish Nurses come together bi-monthly to pray together and to network with one another. Because parish nursing is about health and healing and about the intentional care of the human spirit, parish nurses are encouraged to nourish their own spirituality by taking time for prayer and reflection. Jesus has said to us that "whenever two or three are gathered in my name, I am there with them". Believing in God's presence among us and that God will guide us in our healing ministry, we gather to pray and share our experiences of our parish nurse ministry with one another.

Our gatherings have no set agenda but from them come ideas to improve our own ministry and some projects we have planned and implemented as a group – a Community Resources Fair and a Parish Nurse Retreat for Parish Nurses across the North Country.



*Tri-Lakes Parish Nurses in St. Margaret's Convent Library in Lake Placid*

## Education and Advocacy

*Mercy Care for the Adirondacks offers educational forums to increase knowledge in the community about the evolving needs of elders. It is committed to bringing national and State experts on Aging topics to help inform elders, their caregivers, community members and leaders, and agency and professional staff about emerging issues and trends.*

### **Invitation to May 14, 2015 Educational Forums**

Mercy Care for the Adirondacks will host two educational forums on May 14, 2015 at Paul Smith's college from 9:30 a.m. – 3:00 p.m. National and State Experts will offer keynote presentations.

Registration is \$25 and includes attendance at both forums and lunch. To register, please send a check for \$25, made payable to Mercy Care for the Adirondacks, to the attention of Sheila Schneck, Office Manager, Mercy Care for the Adirondacks, 185 Old Military Road, Lake Placid, NY 12946. For more information, please call Sheila at 518-523-5583 or contact her by e-mail at [sschneck@adkmercy.org](mailto:sschneck@adkmercy.org). (A limited number of registration fee scholarships are available for elders with financial hardship. To request a registration fee scholarship, please contact Sheila.) Registrations will be accepted on a first-come, first-served basis.



**Gerard Wallace, Director of  
New York State  
Kinship Navigator**

***Kinship Care: Grandparents, Relatives, Friends  
Raising Children  
Challenges, Rights, Resources***



**Cheryl Udell, Community  
Services Policy Analyst,  
Leading Age New York**

**Linda Spokane, Vice President  
for Research & Analytics,  
Leading Age New York**



***Collaboration and Partnership: Recommendations  
and Strategies to Achieve a Sustainable and  
Replicable System of Long Term Care Services in the  
Eastern Adirondacks***

Mercy Care has held 14 educational forums, which are attended by people and agency professionals from the North Country and beyond.

***Creativity and Aging—Promoting Elder-friendly Communities***  
presented by Gene D. Cohen, M.D., Ph.D., Director of the Center on Aging, Health & Humanities at George Washington University

***Communities for All Ages***  
presented by Nancy Z. Henkin, Ph.D., Founder and Executive Director of the Intergenerational Learning Center at Temple University

***Transformative Aging*** presented by Sr. Ann Billard, Ph.D

***Aging in Place*** presented by Susan Hunter, Ph.D., Senior Associate, IDEA Center, State University of New York at Buffalo

***From Isolation to Integration--Helping Elders Stay Connected to Their Communities*** presented by Msgr. Charles Fahey

***Building Healthy Communities for Active Aging*** presented by Lenard W. Kaye, D.S.W., Ph.D., Director of the UMaine Center on Aging

***Building Your Personal Independence Plan to Age in Place Successfully***  
presented by Greg Olsen, Deputy Director for the Division of Policy Management and Public Information for the New York State Office for the Aging

***Aging in Place in your Own Home*** presented by Jonathan White, Architectural Research & Design Associate, Center for Inclusive Design & Environment Access, University of Buffalo

***Harnessing the Power of the Built Environment to Enable Older Adults to Age in Place Successfully*** presented by Esther Greenhouse, Environmental Gerontologist

***Building a Stronger Voice for Crafting Livable Communities in Rural, Small-town Settings*** presented by Richard Iannello, Director of the Albany Guardian Society, and Michael Burgess, Senior Policy Consultant for New York StateWide Senior Action Council

***Aging, Longevity, and the Law*** presented by Robert Abrams, Esq., Vera Prosper, PhD, Senior Policy Analyst with the New York State Office for the Aging

***Elder Caregiving in Rural Communities*** presented by Linda Davis, RN, PhD, ANP, FAAN, Ann Henshaw Gardiner Professor of Nursing at Duke University

***The Future of Giving and Receiving Needed Care in Rural Communities*** presented by Corinda Crossdale, Director, New York State Office for the Aging

***Family Caregiving: Health Effects and Intervention Strategies***  
presented by Richard Schulz, Ph.D., Distinguished Service Professor of Psychiatry School of Medicine, University of Pittsburgh University of Pittsburgh

## **Aging in Place in the Adirondacks** **Improving our Communities for People of all Ages**



*Students from Saranac Lake Central School shared their experiences assisting elders with the Tri-Lakes Aging in Place Task Force*

Facilitated by Mercy Care, Aging in Place Task Forces in Lake Placid, Saranac Lake, and Tupper Lake have been working to empower communities to become more aging friendly. Since September, Task Forces have renewed and updated goals and objectives to help communities become better places for people to age in place more successfully.

All three communities are developing new intergenerational initiatives. In Lake Placid, the Task Force is working with the US Olympic Training Center to develop opportunities for Athletes in Training to relate to older adults in Tri-Lakes communities. In Saranac Lake, an Intergenerational Event focusing around the showing of six episodes of the Ken Burns Film, *The Roosevelts* will be co-hosted by the Saranac Lake Free Library and Saranac Village at Will Rogers. Children and seniors are encouraged to attend and to participate in the discussion to follow each film.

The films will be shown on Tuesday Evenings starting on April 14, 2015. The program will run about 1.5 hours including the discussion. The programs are free and open to the public. Students from Tupper Lake Central School are joining older adults at the Tupper Lake Adult Center for lunch and conversation periodically throughout the year.

In all three communities, school students are assisting elders with outdoor chores. If you are an elder and need assistance with snow shoveling, raking leaves, other yard work or outdoor chores, please contact Patti McConvey, Lake Placid Central School 523-2474, EXT. 4130 or at [pmcconvey@lpcsd.org](mailto:pmcconvey@lpcsd.org); Katie Weaver, Northwood School 523-3357 or at [weaverk@northwoodschoool.com](mailto:weaverk@northwoodschoool.com); Christine Bell, Saranac Lake High School 891-4450 or at [bellchr@slcs.org](mailto:bellchr@slcs.org); or Diane Helms, Tupper Lake Junior/Senior High School 359-3322, ext. 2006 or at [dianeh@tupperlakecsd.net](mailto:dianeh@tupperlakecsd.net)

In Saranac Lake, the Aging in Place Task Force has raised awareness about the need for enhanced accessibility for people of all abilities in the community. In Tupper Lake, new senior housing initiatives are being explored and in Saranac Lake, Will Rogers is working with The Harrietstown Housing Authority to accept Housing Choice Vouchers for moderate and low-income seniors. The Lake Placid Aging in Place Task Force is exploring the model of Shared Housing to evaluate its application to the Tri-Lakes area.

## **Intergenerational Event at Wild Center** **May 18, 2015**



*Caption: Wild Center Intergenerational Event*

Mercy Care for the Adirondacks and the Tupper Lake Aging in Place Task Force invite people of all ages to join them for a special intergenerational event hosted at The Wild Center at 45 Museum Drive in Tupper Lake, NY on Monday, May 18, 2015 from 1:00 - 3:00 p.m. Complimentary admission and light refreshments will be served. Optional donations will benefit Mercy Care for the Adirondacks. Come and enjoy an afternoon of amazing wildlife and natural landscape photography by Bruce Dana, formerly of Tupper Lake. Tupper Lake Central School Students are expected to make a special presentation.

Grandparents are encouraged to invite their children and grandchildren to attend and children are encouraged to invite their parents and grandparents to join them. Enjoy the museum exhibits, the slide show, the Student Presentation, and good conversation with friends and family. To RSVP for the event, please contact Sheila Schneck, Mercy Care Office Manager, at [sschneck@adkmercy.org](mailto:sschneck@adkmercy.org) or 518-523-5583

### **Guide to Successful Aging**

The Aging in Place Task Forces have developed a Guide to Successful Aging—a tool to be used and adapted by individuals of all ages to help them plan for how they want age in place as they grow older. If you are 40, 50, 60 or older, this is a planning tool you can use to be sure your plans and wishes are understood by family, friends, and advisors. It is also a great conversation opener about the future with your spouse, partner, or other family members about what it means to you to age in place successfully. The most important reason to complete the questions in the “Guide” is to make decisions before a crisis arises.

If you would like a copy of the “Guide,” please send an e-mail request to [sschneck@adkmercy.org](mailto:sschneck@adkmercy.org) or call Mercy Care at 518-523-5580.



# Touching the Adirondacks with Mercy

## **Mercy Care Leadership**

*Mercy Care Board of Directors*

Mercy Care is sponsored by the Sisters of Mercy and is governed by a local Board of Directors which includes: Jerry Hayes, President; Sr. Camillus O'Keefe, RSM, Vice-President; David Aldrich; Judy Meagher; Sr. Carolyn Madden; Jack McGill, D.D.S.; Fred Oberst; William O'Reilly; Ben Peets; Ellen Vopicka, Ph.D.; Jamie Whidden, and Rev. John Yonkovig. Paul Reiss, Ph.D., Frank Lescinsky, C. Francis Varga, M.D., Mary Watson, and Sr. Denise Wilke, RSM serve as Board Committee members.



*Circle of Mercy*



**Mercy Care**  
*for the Adirondacks*

Annual support from generous individual donors has helped to support Mercy Care to extend loving care to many elders living in their own homes and to also develop a program to empower each of the Tri-Lakes communities to become more elder friendly. We ask you to consider the various ways you might be able to provide some longer-term support. We invite you to join the Circle of Mercy, which honors friends who have named Mercy Care for the Adirondacks in their estate plans. A bequest to Mercy Care in your will or a planned legacy gift through a donor-advised fund will leave an enduring gift of love and friendship for your elder neighbors to help them overcome the obstacles to living full and dignified lives as they age.

## **Recent Grants Received**

Mercy Care is most grateful to the following foundations, which have awarded generous grants since July 1, 2014 to help support Mercy Care's work to enhance the fullness of life of elders in the Adirondacks.

Adirondack Foundation-Anonymous Fund

Adirondack Foundation-Frances Douglass Silleck Uihlein Mercy Center Fund

Adirondack Foundation Generous Acts Fund

Adirondack Foundation-Polly Ohman Fund

Adirondack Foundation-Woods and Pearl McCahill Family Fund

Frances L. Carpenter Foundation

Thomas and Agnes Carvel Foundation

Max and Victoria Dreyfus Foundation

Jacob L. Reiss Foundation

The McCutchen Foundation

J. M. McDonald Foundation

Sisters of Mercy Mid-Atlantic Community Ministry Fund

The Kingsley Foundation

Sisters of Mercy Critical Ten Fund

**To make a donation on-line, visit  
[www.adkmercy.org](http://www.adkmercy.org) and click on Donate Now.**



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